ABSTRACT OF DISCLOSURE

Between respective injection holes 107 on the face of a plate member 111 in a fuel passage, grooves 201 are provided which run along the circumferential direction of the respective injection holes 107, and at the positions of the grooves 201 overflows 502 are formed, and further contracted flow portions 602 are formed in the injection holes 107, thus, the maximum flow velocity of fuel is increased at the injection hole outlet portions, thereby, a fuel injection valve and an internal combustion engine of which atomization performance near the injection holes is effectively enhanced are provided.